

## Chaplaincy of Christ the Good Shepherd, Poitou-Charentes



### **TOGETHER IN PRAYER**

February 2023

The thoughts and prayers expressed are offered to aid you in your daily prayer time

1st. Loving Lord, you brought us through the darkest months; thank you. As we embrace a new month that welcomes the promise of spring in each green shoot, may we take this opportunity to genuinely reflect on our lives and move forward faithfully in your footsteps.

2nd. Meet us in our prayers today, Lord; thank you for those who intercede for us and may we be reminded to pray without ceasing in all the simple tasks we undertake today.

3rd. Loving God who liberates, thank you for the grace of new beginnings that come with broken chains. Ground us and give us direction whenever we start anew.

4th. How merciful you are, Lord, when you receive us even with our doubts and suspicions. What joy to know we can always turn to you with no fear of rejection.

5th. Father, you know exactly what is happening in our lives all the time. We know that to laugh in the midst of trial and to rejoice in the darkest valley is another way of saying, "Our hope is in you." Fill us with the gift of laughter and joy even in times of our greatest hardship.

6th. Loving Lord, thank you for the gift of neighbours and community. May we be mindful to practice hospitality, to love our neighbours and to trust that you will strengthen and equip us for the task.

7th. Father God, we are grateful for the lives and service of your servants in the Chaplaincy. We recognise the gift they have given of their resources and effort to enable us to be your church. We thank you for bringing them into our lives.

8th. *"For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy."*

**Attributed to St. Therese of Lisieux**

9th. Lord Jesus, you spoke love and healing; give us the wisdom to discern when to speak and when to keep silent.

10th. Lord, your love does not slumber or sleep. May we love even when it is inconvenient; may we love until the end.

11th. Father, we pray today for peace within and among your people and nations. May all your people humble themselves and acknowledge that all nations are under God and all people subject to your authority.

12th. Loving Lord, teach us to seek not just our own prosperity but also the well-being of those around us. May all of us learn to live more simply that others might simply live.

13th. Father God, in uncertain times it is easy to be discouraged and overwhelmed. May we always remember that when we are weak you are strong and may we rest in your loving arms.

14th. *A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.* **John 13:34-35**

15th. Thank you, Lord, for your goodness and mercy to your children every day of our lives. May we be filled with gratitude for the abundant blessings you heap upon us.

16th. *“Rivers of living water are to be poured out over the whole world, to ensure that people, like fishes caught in a net, can be restored to wholeness.”*

**Hildegard of Bingen**

17th. Father, today has been appointed Random Acts of Kindness Day. May we find ways to embrace the fun and spirit of this day **in your Name**.

18th. Loving Father, so many of your children are suffering from physical, mental and spiritual ill health. We ask that you grant them light in their darkness and may we play our part by reaching out in love.

20th. Loving Jesus, today make us aware of our bodies. Too often we focus on parts that are not working well,; today may we appreciate and celebrate everything that functions and the capacity of our bodies to fight back when things go wrong.

21st. *Sing a song of praise! This day is for feasting: for eating, not wasting, for chewing and tasting all that God makes!*

*This day is for singing: our ears will be ringing, with songs we are bringing to God - full of praise! **Sing a song of praise!***

22<sup>nd</sup> *"Remember that you are dust, and to dust you shall return."* **Genesis 3:19**

23<sup>rd</sup>. Beloved Father, whatever our beliefs, may we use this Lenten season to reflect on the teachings from the life of Christ and immerse ourselves in the significance of the sacrifice of his death.

24<sup>th</sup>. Loving Jesus, whose every moment was spent loving your flock unconditionally, be with me when my first instinct is to judge and criticise others, remind me that yours is a different path.

25<sup>th</sup>. Beloved Father, thank you for our blessed home, your earth. May we do all we can to be good stewards of your land and lead by example.

26<sup>th</sup>. Loving Jesus remind us today, when we stumble trying to do your will, that your yoke is easy and the burden light.

27<sup>th</sup>. Father, many of us are living through unbearable loss. Be our anchor when grief hits like a wave; give us the strength needed for today.

28<sup>th</sup>. Thank you, Lord, for the changing seasons. For longer daytime and shorter nights, for the sun's warmth creeping into our bones and easing pain, for the joy of spring awakening.